Lockdown Diaries

OVER & OUT
This 4-week project invites you to work alongside artists Marwan Kaabour and Aya Haidar to explore storytelling as a tool to process and understand the emotional impact of what happened in our lives over the past year during the pandemic.

Each week there will be a new “challenge” which asks you to engage with a new method of storytelling and introduce you to new artists to be inspired by.
Mind Map
Artists to be inspired by:

Sophie Herxheimer

Week 01
Beathleen, known as Karen, was the most hardworking and loving woman. She worked all her life as a carer in Hackney—got up at 4 in the morning—did a full days work and cooked cabbage and bacon, apple pie—so much baking! Perfect croutts! Nothing was too much trouble. She would get out all the toys when the kids came round. She’d go out dancing at the Irish Social Club. She raised her four boys—and always kept her faith, her unshakable principles.

For Patrick, told by Aya!

Sophie Herxheimer
Sophie Herxheimer

Artists to be inspired by:

Week 01

My dad - the most selfless person! His name was Said - which means HAPPY! and he lived in the PRESENT enjoying LIFE!

A picnic under the vines with the family! My mother! They were one! They adored each other.

Growing up with parents who loved each other is my biggest actual privilege.

Each of my three children was born soon after the loss of a dear one.

Without my children to love & care for - how would I have survived?
Artists to be inspired by:

Mona Hatoum, “Frottage”, 2017
Artists to be inspired by:

Mona Hatoum, Sketchbook page
Artists to be inspired by:

Week 01
Artists to be inspired by:

Gareth Fuller, Quarantine + Pandemic Survival Map, 2020
Instructions

Use an A3 sheet to create a mind map of your mental and emotional journeys over the past year.

Look back at your life between May 2020 and May 2021, and map key moments that resonated with you and triggered a strong emotional reaction.

Once you finish plotting your mind map, observe it and pinpoint one moment, experience, story, connection, memory, etc. that you feel is important.

Your choice will be the starting point for the three challenges for the following weeks. You will expand and explore on this one moment.
Don't forget to document your Exploration (take a photo, scan it in, or use any other tool available to you), and upload it on Padlet. Include your name and a brief description of the work you developed.

Also document and upload your Submission to Padlet in a similar way.

We really look forward to seeing your work!