PALESTINIAN EMBROIDERY
MOTIF AND INSTRUCTIONS

TATREZ:

JORDAN WASSAR
mosaic
rooms
STEP 1: come through from the back of the work to the front via the **bottom-left corner** of the X you want to make

STEP 2: insert the needle into the **top-right corner** of the X you are making

**TIP:** Try to do steps 2 and 3 in one motion, without moving your hand behind the work

STEP 3: come through from the back into the **bottom-right corner** of the X you are making

STEP 4: insert the needle into the **top-left corner** of the X, completing the stitch

**TIP:** Finish this stitch and start the next one in one motion
**HORIZONTAL**

To do horizontal rows

start at bottom left corner of row and work your 1 and 2 stitches to the right

then work your way back to the left with 3s and 4s until the row is complete

**VERTICAL**

To do vertical columns

Simply complete one stitch at a time

then move down to the next stitch

**DIAGONAL**

To do diagonal rows

Complete one stitch at a time

then move down (or up) and over to the next stitch
BEGINNER HORIZONTAL BORDER STITCH

Complete one full stitch, 1 and 2 and 3 and 4

Proceed to the stitch UP to the diagonal-right of the stitch you just completed, and complete the stitch

Complete the stitch directly below it

Proceed to the next stitch directly to the right

Complete the stitch
INTERMEDIATE INCREASING TRIANGLE

Start with the top row
Complete the stitch

Drop down to the stitch directly below and work the 1s and 2s going to the right

Come back completing the 3s and 4s

Complete an extra stitch to the left of the one you just completed

Drop down to the stitch directly below and work the 1s and 2s going to the right

Come back completing the 3s and 4s

Complete an extra stitch to the left of the one you just completed

Continue as needed
INTERMEDIATE DECREASING TRIANGLE

Start with the top row
Complete the first stitch
As it has no stitch directly below it

Continue the row working your 1s and 2s all the way to the right

Work your 3s and 4s back until all stitches are complete

Drop down to the row directly below
Complete the first stitch
As it has no stitch directly below it

Work your 1s and 2s as directed by the pattern
Work your 3s and 4s back until all stitches are complete

Drop down to the row directly below
Complete the stitch
INTERMEDIATE VERTICAL BORDER STITCH

This method is useful when the left-most column of the pattern is fully connected vertically.

Work your 1 and 2s, starting from the bottom left corner of the row, skipping empty spaces as needed.

Make your way back with 3s and 4s until back at left side of row.

Continue down to next row, skipping empty spaces as needed while doing your 1 and 2s.
ADVANCED VERTICAL BORDER STITCH

Work your 1 and 2s, starting from the bottom left corner of the row, skipping empty spaces as needed.

Make your way back with 3s and 4s until back at left side of row.

Skip down to the next row that begins directly under the previous row.

Work those 1s and 2s to the end.

Work your 3s and 4s back until you are one stitch away from the left-most stitch of the row directly above you.

Go back up to the row you skipped and work the 1s and 2s as usual.
Finish the 3s and 4s of that row.

Go back down to the row you were working and finish the 3s and 4s until you are back at the left-most side.
HOT TIP

IF A PATTERN LOOKS OVERWHELMING OR CONVOLUDED,
BREAK IT DOWN INTO SMALLER PARTS!

Count out the Black edge as you go, then add the Red parts, then the Green!

Work the Red Center part first, from top to bottom, then the Green from top to bottom, then the Black.