Artist Hayv Kahraman shares a reading list to accompany her exhibition Gut Feelings. In this new work, the artist delves into scientific research to situate the effects of trauma in the body and to investigate methodologies of physical healing and care. The following readings form some of the artist’s research when developing this latest body of work.

Reading List:

- Staying with the Trouble: Making Kin in the Chthulucene (2016) by Donna Haraway
- Ungovernable Life: Mandatory Medicine and Statecraft in Iraq (2017) by Omar Dewachi
- Borederlands/La Frontera: The New Mestiza (1987) by Gloria Anzaldúa
- An Apartment on Uranus: Chronicles of the Crossing (2019) by Paul B. Preciado
- The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma (2014) by Bessel van Der Kolk
- My Grandmother’s Hands (2021) by Resmaa Menakem

About the artist

Hayv Kahraman is an Iraqi artist based in Los Angeles whose figurative paintings examine the gendered and racialized body politics of migrant consciousness. Her work is a reflection on Otherness as a form of dehumanisation, focusing on the gap between the immigrant, non-white, genderly marked other and the way they are perceived by the white hetero-patriarchal normative same. Her work has been exhibited at ICA Boston, Boston (2020); Henry Art Gallery, Seattle (2020); De La Warr Pavilion, United Kingdom (2019); Nottingham Contemporary, United Kingdom (2019); Benton Museum of Art at Pomona College, Claremont (2018); Contemporary Art Museum (CAM) St. Louis, St. Louis (2017); Joslyn Art Museum, Omaha (2017);